

Wenonah Lodge Menu

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Week 1

	MORNING TEA	LUNCH	AFTERNOON TEA	DINNER
Monday (Fried Eggs)	Cinnamon Cake	- Silverside , Onion Sauce & Vegetables -Sticky Date Pudding , Toffee Sauce & Custard	Biscuits	Soup (Chicken Noodle <u>or</u> Broccoli) Sandwiches Baked Custard & Fruit
Tuesday Continental	Fruity Cornflake Cookies	-Crumbed Chicken , Gravy & Vegetables -Icecream & Strawberry Topping	Biscuits	Soup(Sweet Potato <u>or</u> Cauliflower) Stewed Tomato on Toast OR Sandwiches Fruit & Custard
Wednesday (Baked Beans)	Saos& Assorted Toppings	-Salmon Patties & Vegetables -Choc-Caramel Self Saucing Pudding & Cream	Biscuits	Soup (Pumpkin <u>or</u> Chicken Noodle) Sandwiches Flummery & Fruit
Thursday Continental	Butterscotch Slice	-Steak & Kidney Pie & Vegetables -Custard Tart & Cream	Biscuits	Soup(Potato & Leek <u>or</u> Vegetable) Sausage Rolls & Tossed Salad OR Sandwiches Fruit Crumble & Cream
Friday (Eggs & Tomato)	Hot Cross Buns	-Battered Fish & Chips -Caramel Meringue Pie & Cream	Biscuits	Soup(Vegetable <u>or</u> Tomato) Sandwiches Fruit & Yoghurt
Saturday Continental	Gingernut Biscuits	-Rissoles , Gravy & Vegetables -Pavlova	Biscuits	Soup(Carrot <u>or</u> Minestrone) Macaroni Cheese & Tossed Salad OR Sandwiches Blancmange & Fruit
Sunday Continental	Patty Cakes	-Roast Pork , Gravy & Baked Vegetables -White Chocolate & Mixed Berry Cheesecake & Cream	Biscuits	Soup(Chicken &Vegetable <u>or</u> Tomato) Sandwiches Fruit & Custard

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Week 2

	MORNING TEA	LUNCH	AFTERNOON TEA	DINNER
Monday (Fried Eggs)	Lamingtons	-Quiche Lorraine & Vegetables -Butterscotch Sauce Pudding & Cream	Biscuits	Soup(Pumpkin <u>or</u> Chicken Noodle) Sandwiches Fruit & Custard
Tuesday Continental	Rock Cakes	-Pickled Pork, Apple Sauce & Vegetables -Rhubarb & Custard	Biscuits	Soup(Vegetable <u>or</u> Tomato) Creamed Corn On Toast OR Sandwiches Crème Caramel & Fruit
Wednesday (Baked Beans)	Saos & Assorted Toppings	-Sausages , Onion Gravy & Vegetables -Icecream & Caramel Topping	Biscuits	Soup(Carrot <u>or</u> Vegetable) Sandwiches Spanish Cream & Fruit
Thursday Continental	Ginger & Coconut Slice	-Braised Steak & Vegetables -Bread & Butter Pudding & Fruit	Biscuits	Soup(Mushroom <u>or</u> Chicken & Vegetable) Seafood & Egg Casserole on Toast OR Sandwiches Jellied Fruit & Cream
Friday (Scrambled Eggs)	Bacon & Cheese Scones	- Curried Prawns & Fried Rice - Trifle & Cream	Biscuits	Soup(Beef & Vegetable <u>or</u> Carrot) Sandwiches Jam Tart & Custard
Saturday Continental	Date & Walnut Loaf	-Chicken Parmigiana & Vegetables -Tapioca Cream & Fruit	Biscuits	Soup (Zucchini <u>or</u> Chicken & Corn) Party Pies & Tossed Salad OR Sandwiches Fruit & Yoghurt
Sunday Continental	Fruit Cake	-Roast Lamb , Gravy & Baked Vegetables -Cheesecake Slice & Cream	Biscuits	Soup (Chicken & Vegetable <u>or</u> Vegetable) Sandwiches Fruit & Cream

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Week 3

	MORNING TEA	LUNCH	AFTERNOON TEA	DINNER
Monday (Fried Eggs)	Marble Cake	-Silverside , Onion Sauce & Vegetables - Caramel Pears & Cream	Biscuits	Soup(Minestrone <u>or</u> Vegetable) Sandwiches Baked Custard & Fruit
Tuesday Continental	ANZAC Biscuits	-Meat Pie & Seasoned Wedges -Apple Pie & Custard	Biscuits	Soup(Potato & Leek <u>or</u> Carrot) Spaghetti on Toast OR Sandwiches Jellied Fruit & Custard
Wednesday (Baked Beans)	SAOS & Assorted Toppings	-Sweet & Sour Pork & Rice -Icecream & Strawberry Topping	Biscuits	Soup(Beef & Vegetable <u>or</u> Tomato) Sandwiches Fruit & Yoghurt
Thursday Continental	Banana- Choc Cake	-Meatloaf, Gravy & Vegetables - Creamed Rice & Fruit	Biscuits	Soup(Cream Of Broccoli <u>or</u> Chicken Noodle) Chicken Nuggets & Tossed Salad OR Sandwiches Fruit & Custard
Friday (Bacon , Eggs & Tomato)	Date Scones	-Crumbed Fish & Chips -Lemon Pudding & Custard	Biscuits	Soup(Tomato <u>or</u> Vegetable) Sandwiches Fruit Sponge & Cream
Saturday Continental	Jam Drops	- Chicken & Creamy Mustard Sauce & Vegetables - Double Chocolate Self-Saucing Pudding & Cream	Biscuits	Soup(Tomato <u>or</u> Beef & Vegetable) Raisin Toast with Spreads (honey, jam, vegemite) OR Sandwiches Fruit & Custard
Sunday Continental	Patty Cakes	-Roast Beef , Gravy & Baked Vegetables - Sticky Date Pudding, Toffee Sauce & Custard	Biscuits	Soup(Cauliflower <u>or</u> Chicken & Vegetable) Sandwiches Fruit & Cream

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Week 4

DATE	MORNING TEA	LUNCH	AFTERNOON TEA	DINNER
Monday (Fried Eggs)	Cornflake Biscuits	-Chicken & Creamy Mustard Sauce & Vegetables -Baked Lemon Cheesecake & Cream	Biscuits	Soup(Carrot <u>or</u> Vegetable) Sandwiches Fruit & Yoghurt
Tuesday	Jelly Squares	-Potato Pie & Vegetables -Trifle & Cream	Biscuits	Soup(Potato & Leek <u>or</u> Tomato) Macaroni Cheese & Tossed Salad OR Sandwiches Bread & Butter Pudding & Fruit
Wednesday (Baked Beans)	SAOS & Assorted Toppings	-RESIDENTS CHRISTMAS PARTY	Biscuits	Soup(Chicken & Corn <u>or</u> Cauliflower) Sandwiches Fruit & Cream
Thursday	Mars Bar Slice	-Sausages, Onion Gravy & Vegetables -Lemon Custard Slice & Cream	Biscuits	Soup(Carrot <u>or</u> Tomato) Curried Eggs On Toast OR Sandwiches Rhubarb & Custard
Friday (Scrambled Eggs)	Ham & Cheese Scones	- Grilled Fish, Potato Gems & Vegetables -Icecream & Chocolate Topping	Biscuits	Soup(Beef & Vegetable <u>or</u> Chicken Noodle) Sandwiches Fruit & Custard
Saturday	Marble Cake	-Lasagne & Vegetables -Baked Custard & Fruit	Biscuits	Soup(Tomato <u>or</u> Sweet Potato) Raisin Toast with Spreads <small>(margarine/jam/vegemite/honey)</small> OR Sandwiches Flummery & Fruit
Sunday	Coconut Biscuits	-Seasoned Roast Chicken, Gravy & Baked Vegetables -White Chocolate & Berry Tart & Cream	Biscuits	Soup (Pumpkin <u>or</u> Beef & Vegetable) Sandwiches Fruit & Cream